

**National Adult Baseball Association**  
**2009 Spring Season – NABA Dallas/Fort Worth League**  
**45+ Supplemental Rules**

1. All games shall be seven (7) inning games. An official game is five (5) innings or 4 ½ innings if the home team is leading. A 10-run mercy rule is in effect after five (5) innings of play.
2. Games shall be 2 ½ hour time limits where no new inning shall be started after 2 ½ hours. Any inning started prior to this must be completed.
3. Each team shall be responsible for paying one umpire (cash only) before the start of the game. Cost is \$50.
4. Play will be restricted to wood bats only – no metal, graphite, ceramic, metal/wood combinations. Composite bats will be allowed. Composite bats are defined as wood bats with a reinforcing, laminate type finish to minimize breakage.
5. Offensive batting lineups may contain anywhere from the eight (8) minimum required to start up to the maximum number of players available at the game.
6. Players may be added to the bottom of the batting order at any time – so long as they are listed on the approved substitute list on the manager's lineup card. It is not required for a player to be present at the beginning of the game.
7. Players may be removed from the lineup without penalty due to injury, ejection, or having to leave the game and field for personal reasons, so long as nine (9) batters remain in the batting order. An automatic out will not be suffered for any team only able to field eight (8) batters.
8. Two (2) players in the batting order may be designated as "non-runners" and may be optionally run for any time they reach base. The last previously recorded out is the designated runner and the substitution must occur before the next pitch. Additionally, the pitcher and catcher currently "in the game" may also be non-runners. This substitution may be made at any time while they are on base and with any number of outs.
9. Stealing is only permitted after there is two (2) outs in any half-inning. Before two are out, base runners may assume their leads and advance at their own risk any time a pitched ball is dropped by the catcher, pitcher (on a return throw), or any baseman to which the ball is subsequently thrown. If the ball is handled cleanly, a runner will be called out for stealing by tagging him or the base he vacated.
10. To be eligible for the 45+ league, a player must attain at least his 45<sup>th</sup> birthday during the calendar year of the current season. All players must be able to prove their age at any time or be declared ineligible. It is recommended that they carry a valid, original picture ID such as a driver's license – no faxes or photocopies are acceptable.
11. For the 2009 season only players that are league age 47 or above are allowed to pitch.
12. A minimum of six (6) games played will be required to be eligible for playoffs. There is no minimum at-bat or innings pitched requirements – only attendance at and/or participation in six games. Since the league will have no positive enforcement mechanism, THIS WILL BE AN HONOR SYSTEM ONLY.